

Best times to contact schools, school teachers (during Daylight Savings)

Over the years we have found most school teachers are best contactable during the following times. The times listed below are only an indication, as the decision makers of schools can be contacted during their RFF (release from face to face teaching) as well. But most school teachers will be available during the morning, recess, lunch or after school.

The list of times below is organised based on staff calling from SYDNEY, VIC or ACT. For staff in other states of Australia or in the UK or AUS, we recommend you use the World Clock Meeting Time Planner (<http://www.timeanddate.com/worldclock/meeting.html>). The World Clock Meeting Planner is very easy to use. All you need to do is enter your time zone and then the time zones of the areas you want to work out the best times and it will show you a list of up to 6 meeting time planners.

Another alternative is to use to find the time of a particular city, state or country as a Guide use the Time Zone Map.

Click on this link to use the **Time Zone Map**. <http://www.timeanddate.com/time/map/>This will show you individual Time Maps.

DURING DAYLIGHT SAVINGS FOR STAFF CALLING FROM SYDNEY / ACT / VIC.

Green means best times, **yellow** means not the best, but you could try and **red** means often hard to reach the customer.

Sydney	Brisbane	Adelaide	
8:00 am	7:00 am	7:30 am	5:30 am
8:15 am	7:15 am	7:45 am	5:45 am
8:30 am	7:30 am	8:00 am	5:59 am
8:45 am	7:45 am	8:15 am	6:13 am
9:00 am	8:00 am	8:30 am	6:27 am
9:15 am	8:15 am	8:45 am	6:41 am
9:30 am	8:30 am	9:00 am	6:55 am
9:45 am	8:45 am	9:15 am	7:09 am
10:00 am	9:00 am	9:30 am	7:23 am
10:15 am	9:15 am	9:45 am	7:37 am
10:30 am	9:30 am	10:00 am	7:51 am
10:45 am	9:45 am	10:15 am	8:05 am
11:00 am	10:00 am	10:30 am	8:19 am
11:15 am	10:15 am	10:45 am	8:33 am
11:30 am	10:30 am	11:00 am	8:47 am
11:45 am	10:45 am	11:15 am	9:01 am
12:00 noon	11:00 am	11:30 am	9:15 am
12:15 pm	11:15 am	11:45 am	9:29 am
12:30 pm	11:30 am	12:00 noon	9:43 am
12:45 pm	11:45 am	12:15 pm	9:57 am
1:00 pm	12:00 noon	12:30 pm	10:11 am
1:15 pm	12:15 pm	12:45 pm	10:25 am
1:30 pm	12:30 pm	1:00 pm	10:39 am
1:45 pm	12:45 pm	1:15 pm	10:53 am

Sydney	Brisbane	Adelaide	
Â 2:00 pm	Â 1:00 pm	Â 1:30 pm	Â 11
Â 2:15 pm	Â 1:15 pm	Â 1:45 pm	Â 11
Â 2:30 pm	Â 1:30 pm	Â 2:00 pm	Â 11
Â 2:45 pm	Â 1:45 pm	Â 2:15 pm	Â 11
Â 3:00 pm	Â 2:00 pm	Â 2:30 pm	Â 11
Â 3:15 pm	Â 2:15 pm	Â 2:45 pm	Â 11
Â 3:30 pm	Â 2:30 pm	Â 3:00 pm	Â 11
Â 3:45 pm	Â 2:45 pm	Â 3:15 pm	Â 11
Â 4:00 pm	Â 3:00 pm	Â 3:30 pm	Â 11
Â 4:15 pm	Â 3:15 pm	Â 3:45 pm	Â 11
Â 4:30 pm	Â 3:30 pm	Â 4:00 pm	Â 11
Â 4:45 pm	Â 3:45 pm	Â 4:15 pm	Â 11
Â 5:00 pm	Â 4:00 pm	Â 4:30 pm	Â 2
Â 5:15 pm	Â 4:15 pm	Â 4:45 pm	Â 2
Â 5:30 pm	Â 4:30 pm	Â 5:00 pm	Â 2
Â 5:45 pm	Â 4:45 pm	Â 5:15 pm	Â 2
Â 6:00 pm	Â 5:00 pm	Â 5:30 pm	Â 3
Â 6:15 pm	Â 5:15 pm	Â 5:45 pm	Â 3
Â 6:30 pm	Â 5:30 pm	Â 6:00 pm	Â 3
Â 6:45 pm	Â 5:45 pm	Â 6:15 pm	Â 3
Â 7:00 pm	Â 6:00 pm	Â 6:30 pm	Â 4
Â 7:15 pm	Â 6:15 pm	Â 6:45 pm	Â 4
Â 7:30 pm	Â 6:30 pm	Â 7:00 pm	Â 4
Â 7:45 pm	Â 6:45 pm	Â 7:15 pm	Â 4
Â 8:00 pm	Â 7:00 pm	Â 7:30 pm	Â 5
Â 8:15 pm	Â 7:15 pm	Â 7:45 pm	Â 5
Â 8:30 pm	Â 7:30 pm	Â 8:00 pm	Â 5

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